



The ROAR

April 2021

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Learning Journey Series

Part 2: **MOVING FORWARD**

Becoming a champion of Equity, Diversity and Inclusion.

Keynote Speaker: Dr. ABC, U of T professor

When: Tuesday April 20th, from 7pm to 8pm, virtually

Part 3: **CELEBRATE BLACK**

Story about perseverance, leadership and activism.

Keynote Speaker: Shelly Skinner

When: Tuesday May 11th, from 7pm - 8pm, virtually

Go to <http://agh.scdsb.on.ca/about-us/news/school-news/152> for more information and to register.

**VIRTUAL
COMMUNITY BOARD**

Check out our virtual Community Board!!

Go to: <http://agh.scdsb.on.ca/about-us/news/school-news/153>

WEAR PINK



STOP BULLYING

International Day of Pink

April 14th– Do this at home!!!

This day celebrates diversity and promotes standing up to bullying. It is a day of action that started in Nova Scotia when two straight high school students saw that a gay student wearing a pink shirt was bullied. The two students intervened, but wanted to do more. They purchased pink shirts and within a few days got everyone at school wearing pink, standing in solidarity for diversity and standing up against discrimination, gender-based bullying and homophobia. Our school community will be recognizing by wearing anything pink on that day.



FOLLOW US ON TWITTER
@ArdaghBluffsPS

Commit to
Character

April – Optimism



Ardagh Bluffs P.S. School Council is gathering ideas from our school community for possible improvements to the school yard. Students and staff will have opportunities to share their ideas at school. We'd love to hear from families, too!

If you have ideas for improving either our kindergarten area or the larger school yard, please email them to councilchairagh@scdsb.on.ca. All ideas are welcome, no matter how big or small. Thank you!

We have received a number of complaints regarding child safety when walking to and from school. Our media department will be putting out reminders to the public throughout the week about road safety (on Twitter).

From Officer Shannon

Helpful links below:

Street Safety (English)

https://drive.google.com/file/d/1CLIJVE9O_MrGtGwYLTrbitAWzWFYQyiy/view?usp=sharing

Street Safety (French)

https://drive.google.com/file/d/1X92NwZVvEE_S7sn6uwJSIvYtw2e5iqcz/view?usp=sharing



COVID-19 SCREENING TOOLS



Each day, families are asked to ensure that their child(ren) complete the COVID-19 school screening tool prior to coming to school. Secondary school students are required to confirm with their teacher that the COVID-19 school screening tool has been completed at the beginning of each day.

The updated provincial direction states that students and staff with any new or worsening symptoms of COVID-19 (as indicated in the screening tool), even those with only one symptom, must stay home until:

- They receive a negative COVID-19 test result;
- They receive an alternative diagnosis by a health care professional; or,
- It has been 10 days since their symptom onset and they are feeling better.

In addition, all asymptomatic household contacts of symptomatic individuals are required to quarantine until the symptomatic household member receives a negative COVID-19 test result or receives an alternative diagnosis by a health care professional.

The COVID-19 school screening tool is available on the Ontario government's website here: <https://covid-19.ontario.ca/school-screening/>. A printable version of the COVID-19 school screening tool can be found here: <https://bit.ly/3ulap6V>. More information is also available on the SCDSB website at www.scdsb.on.ca/covid-19.

BENGALS HEALTH AND WELLNESS

Supporting student mental health and well-being

When students attend school, whether in-person or online, they engage in important routines and foster connections that can help them to feel more balanced amidst the uncertainties of the pandemic. Our school is committed to bolstering student mental health and well-being by teaching our students to practice strategies to increase their stress management and coping skills.

School Mental Health Ontario works together with Ontario school districts to support student mental health. [Name of School] will be using a collection of resources for educators to support student mental health during the ongoing pandemic response. These resources are evidence-based. This month, we will be practicing various breathing strategies.

Try the hand tracing exercise: <https://bit.ly/2OWOAN>

- Starting at your wrist, trace the left side of your hand up to your middle finger while taking a deep breath for four seconds
- Pause at the top of your middle finger and hold in your breath for four seconds
- Breathe out while tracing down the right side of your hand for four seconds
- Repeat four times



Kindergarten registration for September 2021 is open!

Kindergarten is the beginning of a wonderful journey of learning, and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2021? If so, we invite you to register your child for Kindergarten. To register online or for more information visit: www.scdsb.on.ca/elementary/planning_for_school/kindergarten.



Earth Day

April 22nd

We are encouraging students to wear green on this day to help raise environmental awareness and social responsibility.

Register now for summer child care

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at https://scdsb.on.ca/elementary/planning_for_school/childcare_before_after.

**Family fun with multiplication facts!**

Has your child been asked to practice their math facts at home? Math facts are best learned in a purposeful way that helps students make connections between the facts, as opposed to memorizing them individually.

Tips for supporting fact fluency at home

1. Practice the facts in a meaningful order:

- Start with foundational facts like 2s, 10s, 5s, 1s, and 0s

Move on to more challenging facts that can be found using combinations of foundational facts, like 3s, 4s, 6s, 8s, 9s and 7s

- 1 The Mastering Math Facts resource provides strategies to support each group of facts: <https://bit.ly/39cNzLE>

2. Help your child see that the order of the factors does not change the product:

- Example, $2 \times 5 = 10$ and $5 \times 2 = 10$
- Help your child practice by decomposing more challenging facts into known facts:
- Example 1: 7×8 can be thought of as $(7 \times 4) + (7 \times 4)$
- Example 2: 5×7 can be thought of as $(5 \times 5) + (5 \times 2)$

Help your child visualize the facts by building arrays and drawing pictures to represent them: <https://mathvisuals.wordpress.com/multiplication-division/>.

- Play games such as:

Blockout! - <https://mathforlove.com/lesson/blockout/>

Math Flips - <https://mathvisuals.wordpress.com/math-flips/>

Stick and Split - <https://www.stickandsplit.com/>

Games to play with a deck of cards - https://docs.google.com/file/d/0B_wlnPzXZBUZRk0yNXFBd3dqTDg/edit

Allow your child as much time as they need to find an answer for a fact. This will lower stress, support them with using the strategies they are learning, and they will soon become automatic with practice.

Participate in the first-ever SCDSB student census

At the SCDSB we are committed to identifying and removing barriers within our system that impact equity, achievement and well-being of students, and to ensuring that all students are offered supportive, inclusive and respectful learning environments. To support these efforts, we must learn more about our students.

In April 2021, the SCDSB will hold its first student census. The confidential SCDSB Student Census 2020-2021 will be used to collect identity-based student data so that systemic barriers can be identified. The results will guide our focus on programs, supports and resources to address inequities within our system.

Between April 1 and 30, 2021, students in Grades 7 to 12 and parents/guardians of students in Kindergarten to Grade 6 will be invited to participate in the SCDSB Student Census 2020-2021. Students in Grade 7 to 12 will be emailed a secure link inviting them to complete their census. For students in Kindergarten to Grade 6, parents/guardians will complete the student census on behalf of their child or children. Parents/guardians of these students will receive an email invitation which includes a secure link to their child(ren)'s student census. The email used for parents/guardians will be the primary contact email on file at their child's school.

For further information regarding the SCDSB Student Census 2020-2021, visit the SCDSB website or contact Lisa Newton, Manager of Research and Decision Support, at census@scdsb.on.ca, or (705) 734-6363, ext. 11731.



April

Sun

Mon

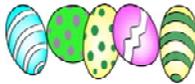
Tue

Wed

Thu

Fri

Sat

				1	2 World Autism Awareness Day Good Friday	3
4	5 Easter Monday 	6	7	8	9	10
11	12	13	14	15	19	20
<div style="border: 2px solid black; padding: 5px; display: inline-block;"> APRIL BREAK </div>						
			International Day of Pink			
21	22 Earth Day 	23	24	25	26	27
28	29	30				