



# MODO YOGA

Barrie

13th April 2021 1PM

## 20 MINUTE YOGA/ STRETCH

JOIN US VIRTUALLY FOR BASIC  
BREATHING AND STRETCHING  
TECHNIQUES WITH YOGA  
INSTRUCTOR ROSANNA!

To register, please email  
[csucamps@barriepolice.ca](mailto:csucamps@barriepolice.ca)

